Intuitive Development and Paranormal Weekend
Oct. 18-20, 2013

****FRIDAY NIGHT AGENDA IS OPEN AND FREE TO THE PUBLIC:

*MEET AND GREET: Cocktail hour 6:30-7. Meet and greet with some of the weekend practitioners in your Halloween costume! There will be 3 costume categories that will win private, One Hour Readings with Nationally renowned, Intuitive Medium, Tracy Fluty. Categories include: Funniest, Spookiest, and BEST Historical Figure/couple! But first, mingle amongst the presenters that will enlighten you this weekend! Ask questions and enjoy one on one conversations with some of New York’s talented practitioners in the field of Intuition Development, holistic medicine & alternative practices, paranormal investigations and a local historian!

*HALLOWEEN COSTUME CONTEST & PROGRAM, “Things that go BUMP in the Night” 8PM. Tracy will introduce some of her weekend instructors in a fun filled segment where they share their most bazaar or unusual experiences in their practice to date! You are sure to laugh, be a bit frightened and also touched by their real life stories as they take you on a trip through their own fascinating experiences with ghosts, spirits and things that go bump in the night! Questions and comments by the audience are welcomed! At the close of the evening, the panel will judge the costume contest and Readings will be awarded. (Note: the Readings will be redeemed at a later date either by phone or in person).

Weekend Packages OR Saturday DAY packages are available:

Saturday DAY packages are $95 and include 2 classes of your choice and a historic tour! See accommodation packages for weekend pricing.

SATURDAY WORKSHOPS BEING OFFERED:

Herbal Tea Making Workshop presented by Ashley, Mary, and Kathy McChesney
Sip your way to better health as you learn the healing properties of herbs and how to make several organic tea recipes to take home! Whether it is to soothe your mind or relax your stomach, we will cover a variety of herbs, some even growing in your back yard, that can dramatically improve the quality of your health. Questions regarding this workshop? E mail : Sedina450@aol.com ** Offered Saturday morning only.

Your Intuitive- Medium/ Hostess for the weekend: Tracy Elizabeth Fluty. She is a Nationally Certified Intuitive Medium by Holistic Studies Institute since 2009, Nationally Certified Intuitive Consultant with the American Board of Holistic Practitioners since 2006, and a Creative Arts Therapist, BA, 1991. Tracy has conducted both private Readings at her home office in Mariaville, New York or by phone with clients locally and internationally. She enjoys developing and implementing lectures and shows on the topics of Intuitive Development, the Paranormal, & Spirituality. She has also volunteered her intuitive skills with local municipalities in search of Missing Persons. She has also volunteered & participated in paranormal investigations in New York and Florida. In 2013 she began teaching Intuitive Development classes and is currently working on developing her own television show, Alterative Explorers, which features individuals who are practicing indigenous, holistic or alternative practices to improve global health. "Welcome to a fun & enlightening weekend! I have lined up some of the most illuminated practitioners in their field who will help to guide you to living an intuitive life. The gift to the student is becoming attuned to the realm of their infinite possibilities. I believe we are all born with the divine gift of intuition. For some, it is more readily accessible. For others, it just needs to be awakened"!

~Tracy Fluty
**Sacred Drum Circle, with Ashley and Kathy McChesney.** The beat of the drum is like a sweeping broom. The vibrating sound waves enter the ears, clearing our thoughts and mind. They pierce through the congestions of the aura, moving the air around the body and foster spiritual clarity. The rhythmic beat of the drums disperses confusion and allows healing while releasing fear. You will feel what an amazing instrument of self-empowerment the sacred drum holds for you. Bring a drum or rattle if you wish to join in. Or just come and experience the healing from the drums for your mind, body and spirit as we join in on the very heartbeat of Mother Earth. Weather permitting, this will be held under the stars! Presentation questions can be emailed prior to: ashleymcchesney@ymail.com & Sedina450@aol.com  
**Only offered Saturday night 10-11 pm**

**Purpose and Benefits of Past Life Regression, with Bill Pennamacoor.** History can repeat itself, and if we are wise, we might learn from it and not have to repeat previous errors. Presuming our immortality and that we have been reincarnating, this applies to past lives as well. Are you curious as to the nature of your past lives? What can be gleaned from visualizing a past life may help us to avoid repeating similar challenges in our present life. There are other insights/guidance that we can benefit from, as well as healings, both emotional and physical, that sometimes unfold in a regression. Exploring past lives also serves to guide us toward a closer connection to one's intuitive self or the higher self. In fact, for some, this may serve as an initial introduction to that higher intuitive consciousness that is within each and every one of us. A brief power point presentation will outline the process, while examples from previous sessions will clarify the benefits. Q and A to follow.  
*(Bill is retired from a 20 year podiatry practice in Wall Street Manhattan, NYC. Bill was certified in the Dolores Cannon Technique-Quantum Healing in 2007. He was recently interviewed on local Public Access TV’s “True Talk”, hosted by John Cancio. His practice for Past Life Regressions is presently in Saratoga Springs, NY and he welcomes inquiries at (518)588-5969). **Offered only Saturday morning 9:30-10:30 am**

**Validating A Past Life, with Bill Pennamacoor (see previous credentials).** You do NOT need to attend Bill's first presentation to attend this one. Our spirits have been journeying through time and space, and, when observing that trip in a past life regression, it is satisfying and sometimes surprising that we can sometimes validate the past lives we have seen. This session will specifically address how we can be relatively certain of the authenticity of the past lives viewed and of the other information received during the session, when we also tap into one's own higher consciousness. This is a power point presentation with examples drawn from client regressions. Q and A to follow. **Offered only Sat. afternoon 1:30-2:30 pm**

**The ART of TAROT: Workshop created & presented by Sandy.** Tarot Cards are one of several ancient tools of divination to be able to receive Spirits’ messages. What are Tarot Cards and how do they legitimately connect us with the higher spirits? This workshop is specifically designed for those who are interested in more knowledge of this art form / who want to sharpen their skills on giving accurate and divine messages that assist the person being read in improving their life path. Questions are encouraged and handouts are provided. *(Prior to being a “Spiritual Intuitive”, Sandy worked in the corporate world for 35 years. Sandy has been a Professional Tarot Reader for over 15 years. She is nationally certified as a Professional Psychic by Associated for Integrated Whole Person (AIWP) since 2000. Since 2001, she has consulted as a Master Tarot Card Reader with Keen.com (aka FindYourSpirit) and has provided over 18,000 phone readings. During 2010-2011, she appeared as a local radio personality with (FM 105.7), The Buzz, ‘by sharing spirits’ words of wisdom with callers on a show created for her called “Intuitive Tuesday”. In addition, she appeared several times, on a local public access TV show called “Psychics Galore” hosted by John Cancio, sharing her intuitive gift with a live audience. Also in 2010, she was invited to appear at “The Breakfast at Tiffany’s Whitney Gala” in Saratoga Springs, NY. Sandy’s “story” was featured in the October 2009 issue of “Capital Region Living Magazine”, a popular and well-read arts and travel, leisure and entertainment publication located in the tri-city-
area. She was published again in the January 2011 issue “Capital Region Living Magazine, “How to Improve Your Spiritual Self”). **Only offered Sat. 1:30-2:30 pm

Opening the Door to the Infinite MEDITATION, presented by Rhonda Pray. The ability to reconnect with our inner wisdom, to experience harmony of spirit, body and mind is within all of us. Whether you are new to meditation or wish to revive your old practice, this workshop will provide you with simple techniques to quiet the mind and tap into your intuitive self. The session will cover the basics of meditation, group discussion, tips for building your own practice and two 10 minute meditations. All are invited to come, take a break and still the mind. Participants may sit on chairs or upright on the floor for this workshop, but should bring a pillow or cushion in order to sit comfortably with a straight spine. (Rhonda Pray is a Reiki healer in the Usui tradition and has practiced yoga and meditation for 42 years. She began her spiritual training following the teachings of Paramahansa Yogananda in 1972 and has followed a path of intuitive learning ever since. Her travels have taken her to ancient sites in Thailand, Cambodia and Machu Picchu - some of the most spiritually energetic places in the world. Rhonda believes that meditation allows us to experience the universal truths that lie within ourselves. She will be sharing simple techniques for finding inner calm, re-discovering our true selves and reconnecting with higher realms. You may contact Rhonda’s Email with questions: Pray.rb@gmail.com). **Offered Sat. morning 9:30-10:30 & Sat. 3-4 pm.

The Ancient Practice of Spiritual Cleansing, presented by Ray Feurstein. In this hands on workshop, you will learn the cleansing practices and techniques and the proper materials required to cleanse negative or residual energy from your home, property or artifact. Ray will also discuss how to recognize spirit presence and how to “debunk a hoax”. This course is a must have for anyone who is moving out of or into a new home, has bought or inherited an antique or has had dramatic negative life events occur on their property. (Ray is a 60 year old retired senior engineer for a large communication company. He has personally been involved with the paranormal starting with his own death at the age of 5. Ray has been spiritually cleansing homes for over 40 years and is known as a “channel-er”. Ray has designed and built electronic devices for the use in paranormal investigations. If you would like more information on Ray’s book, “Home Spirit, Home” or how to obtain a copy, E mail: rfeur60@gmail.com) **ONLY offered Sat. 1:30-2:30 pm

Our Intuitive Nature PSYCHIC DEVELOPMENT created and presented by Sandy. Every living person has the ability to be psychic. There are different resources inside oneself to draw from that causes intuition to manifest. Physical, mental, & emotional. Learn what “kind” of Psychic you are and how to further develop these skills! “I believe that everyone is here on Earth for a purpose. I believe every person is created equal and that we all have special gifts and talents. Once we learn how to recognize them and begin to use them, we can share these gifts with others so that we can make a positive difference in their lives. I feel that many people have not yet discovered their purpose, potential, or passions and just need encouragement to awaken and heal so that they can feel empowered, strong, happy, and healthy”. Come and enjoy! This class involves a lecture, demonstration and class exercises to get your spirit tuning in to the world around you! (See Sandy’s bio also under “The Art of Tarot”. (You may access Sandy’s personal website by going to www.findyourspirit.net) **Only offered Sat. afternoon 3-4 pm.

Awakening Your Divine Intuition DEVELOPING INTUITIVE AND MEDIUM SKILLS, presented by Tracy Fluty. This workshop will Test your Psychic and Medium skills. You will be surprised at how accurate you are! You will be engaged in fun class exercises that develop your skills and involved in an interactive discussion of the history of “Psychics” and the conflict of developing your divine intuition vs. religious or cultural views. . **Only offered Sat. afternoon 3-4 pm. (You can access her webpage at www.tracyfluty.com).
Late Night Paranormal Investigations, presented by The Shadowseekers. This workshop will take a select few by first come first serve workshop sign up through the most active grounds for paranormal occurrences on the property of the Fort William Henry. At each stop, you will be sharing equipment, reporting any sounds, feelings or hair standing up on the back of your neck! Try to disprove with us there is no activity here. Or is there? (The Shadowseekers have investigated numerous local hauntings both residential and commercial. Photos and findings are reported on their website which you are encouraged to visit prior to the weekend! [www.theshadowseekersny.com](http://www.theshadowseekersny.com) or E mail questions to jeff@theshadowseekersny.com). **Only offered Sat. 10-11 pm. Spaces are limited to a first come, first serve basis when registering for the weekend.

SUNDAY for the registered weekend guests:

9:30-11:30 am THE PARANORMAL REVEAL!

9:30-10:30 am: The Shadowseekers give their reveal of the late night investigation! There will also be time at the end for questions. Then, immediately following:

10:30-11: Resident historian Fred Austin gives an account of the infamous ghost stories past and present of the FWH hotel! Questions welcomed!

-BREAK FOR LUNCH-

Continuous after lunch: Private Readings with Sandy. ** You must sign up for this in advance with at the front desk when you arrive Friday. However, you will pay Sandy directly at the time of your reading. Readings to be held on Sunday, October 20th 12:30-4 pm, $50 per 20 minute session.

Finishing off our weekend—FREE TO THE PUBLIC

1:30-3:30 pm:

“Connecting With LOVED ONES Crossed Over”

Intuitive Medium, Tracy Fluty— will teach you how to connect to those who are crossed through a simple technique that truly works! Tracy will also explain how your loved ones communicate and reach out to you and will encourage you to share your own stories. She will also recount her personal experiences of how her work as a Medium has changed people’s lives and given them peace by connecting with loved ones crossed over. She

There will be ample time to read a few volunteers in the audience and give messages from loved ones that have crossed.